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**Fontana Chamber of Commerce Visits CAB**

The Executive Director, Gloria Martinez, and Board President, Phil Cothran, of the Fontana Chamber of Commerce paid a visit to CAB on Tuesday, August 14th. As a growing and active business participant in the community, CAB was asked to provide a tour of its operations as a precursor to a Business Roundtable held later in the day at the Sierra Lakes Golf Club. The tour was conducted by George Riad (CAB COO). Dave Mileski, owner and Managing Member of California Aseptic Beverages LLC, was also in attendance to meet the Chamber of Commerce executives and participate in the tour.

Our visitors were impressed with the efficiency and productivity of CAB's state of the art operation. Some in attendance were surprised at what goes into preparing the juice boxes we are all so familiar with, and how well CAB utilizes technology in producing a quality product.

This tour provided a segue into a Business Roundtable luncheon that was attended by several local business leaders. The Round Table provided a venue to share and discuss common interests and opportunities. George Riad represented CAB at the roundtable.

Pictured left to right: George Riad, Dave Mileski, Phil Cothran, & Gloria Martinez

- Charles Rohr



Reporter: Sandra Frayre  
 Publisher: Sandra Frayre  
 Editor: Charles Rohr



# Editor's Note



## Back to School

Well summer is more than half way done. Hopefully each of you have had some opportunities to take advantage of the longer days and have been able to enjoy some special memories with family and friends.

I want to make you aware, CAB is sponsoring a team to participate in the Stater Bros Believe Walk. This is a worthwhile venture and helps fight the effects of cancer in many ways. Check out the event on the Announcements page and if you can, get involved.

As this is the August/September issue I think the biggest change for many of us, is **back to school**. Returning to school after a long summer vacation was for me as a youth and later as a Dad, an exciting time. True as a kid I was not exactly happy that summer vacation was at an end, but there were still many new things to look forward to, and so there was always a sense of anticipation. I think each of us has memories of going back to school. In that regard I thought it would be pleasant to remember those days in this column. So from personal recollection in combination with speaking with others, here are some back to school memories.

Picking out the perfect back pack for the new school year; the right style, color, brand.....

Covering textbooks—This was an annual back to school ritual. When I was young we used paper bags that we cut to size and then we would draw or doodle on them during the semester. My kids could afford the sleek shiny covers with pictures of Ninja Turtles and Disney characters. No matter how you did it, covering your textbooks was a new semester job that in some way reflected each of our personalities.

Getting brand new school supplies; notebooks, pencils, pens, erasers, rulers, calculators--everything was new and shiny. They looked great and even smelled new. This became less important as the years went by, but in early school years, it was awesome.

New School Clothes was something that was very cool and looked forward to.

Parents taking that "first day of school picture" on the front lawn, porch or while waiting for the school bus.

Seeing friends, you had lost contact with during the long summer months and catching up on what had been missed by each.

In Junior High and High School figuring out how to get from class to class and when you had time to stop by your locker.

Checking out who was in each class, and which teachers you would have for the new semester.

I am sure each of you have your own memories of going back to school and no doubt some are more pleasant than others, **but it is part of all of us**, as students and in many cases as parents. My children have all gone through the various levels of education and one is now a teacher. In speaking with her she is looking forward to the first day back, and imparting knowledge to young people as it was once was imparted to her. I look forward to her and each of you having a wonderful new school year.

-Charles Rohr



# Announcements



CAB will be doing its 2nd annual Believe Walk  
any one interested in participating please sign up by  
September 3, 2018

A sign up sheet will be placed by the time clock!  
See below for more information

The purpose of the Stater Bros. Charities & Inland Women Fighting Cancer Believe Walk is to raise critical funds that support cancer-fighting organizations in this region. Through the generosity of sponsors and donors; the Believe Walk will directly impact lives, by providing funds to improve cancer care and support services for cancer patients and their families in the Inland Empire communities of Southern California. Since 2008, \$4.1 million dollars raised through the Believe Walk has been donated to cancer-fighting organizations in this region including:

- \*Loma Linda University Cancer Center
- \*St. Bernardine medical center– Center For Imaging
- \*Redlands Community Hospital
- \*Michelle’s Place
- \*The Beloved Foundation
- \*Oasis of Southern California

This year the believe walk will be on  
**Sunday October 7th**  
Event Start time is at 8am  
CAB will meet at a designated location & time  
Start Location: State St & Orange St., Redlands CA  
Finish Location: Redlands Bowl  
Parking: Free parking is available in the surrounding areas  
for more information on how to donate, register or volunteer please visit the website below.  
<http://www.believeinlandempire.com>

For questions see Sandra



## Christmas Party Saturday December 1, 2018



**401K Information Sessions**

**October 10, 2018**

**10 am to 2 pm**

Sign up sheet to will be placed by the time clock

# HAPPY BIRTHDAY

## August

Jack Sellers

Nathan Nunez

Margarita Rodriguez

William Peeper

Juanita Hernandez

Raul Lemus

Marla Peraza

## September

Valerie Salazar

Cleophas Simmons

Ann Chestnut

John Harkin

Noe Giron



## Celebrating 9 years !

Duane Denson

Robert Bombard

Randy Hartman

Nicholas Imoohi

## Celebrating 6 years!

Bryan Reyes

## Celebrating 3 years!

Jose Martinez

Issac Martinez

## Celebrating 2 years!

Sabrina Rochon

## Celebrating 1 year!

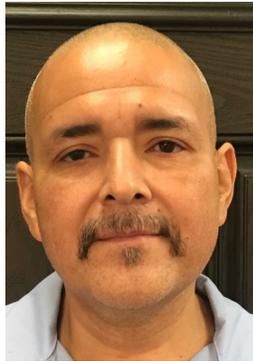
Teah Hunt



# New Hires



**Name: Michael Chavez**  
**Title: Batcher**  
**Hobbies:** Enjoys spending time with his family and pets. Likes to go swimming and go to Dodger games. His favorite teams are Rams, Lakers and Dodgers.



**Name: Joseph Michel**  
**Title: Batcher**  
**Hobbies:** Enjoys playing sports, camping, eating sushi and helping people in need. His favorite teams are Lakers, Angels and Las Chivas.



**Name: Isaac Gomez**  
**Title: Production Supervisor**  
**Hobbies:** Enjoys going to Rosarito, watching movies, boxing, playing hand ball and spending time with his family.



**Name: Cesar Marin**  
**Title: Forklift Driver**  
**Hobbies:** Enjoys spending time with his son. Into cars and trucks. His favorite soccer team is Barcelona.



**Name: Antonio Romero**  
**Title: Forklift Driver**  
**Hobbies:** Enjoys spending time with family, going to the gym, watching movies and eating. Favorite teams are Lakers and Las Chivas.



**Name: Ernesto Rocha**  
**Title: Inventory Clerk**  
**Hobbies:** Currently in school majoring in History and minoring in accounting. He enjoys spending time with his family, gardening, eating, cooking and martial arts. His favorite soccer team is Galaxy.



**Name: Tory Escandon**  
**Title: Mechanic**  
**Hobbies:** Likes fishing, hiking, camping and sports. Favorite teams are Steelers (Football), Penguins (Hockey) and UFC. Enjoys cooking, barbecuing and spending time with family.





# PROMOTIONS



**Name: Cory Rainwater**  
**Title: Palletizer to Sanitation Lead**

**Hobbies:** Enjoys cooking, sports, and family time. Favorite teams are the Lakers, Steelers, and Dodgers



**Name: Gabriel Sidas**  
**Title: Batcher to 2nd Shift Batching Lead**

**Hobbies:** Likes all sports specially soccer, his favorite teams are Brazil & Galaxy. Enjoys working on cars, eating, and visiting new places.



# Congratulations



## Contest Your Favorite Pet



In our next issue we would like to publish pictures of CAB employees' favorite pet(s) and make a contest of it. So here is what we are going to do. Bring a picture of your favorite pet or pets and give it to Sandra. If you would like to provide the pet's name that would be great. Each person who provides a picture will receive a raffle ticket. The tickets will be placed in a hopper and a drawing will be held September 14, 2018. The person whose name is drawn will receive a **\$50 gift card**. In the next issue of the **CAB Connection** (October November issue) there will be a section of CAB's favorite pets showing the pictures submitted.



-Charles Rohr



# Annual PICNIC

*Castle Park  
Riverside, California*

CAB kicked off the summer with its annual picnic at Castle Park. Employees enjoyed a nice lunch, all the park amenities along with fun activities, prizes and raffles. Even the little ones had activities of their own, a face painter and balloon artist as well as a goodie bags. Employees participated in different games such as the water balloon toss, potato sack race and hula hoop contest. Overall it was a successful event, full of laughter and most importantly good camaraderie.

- Sandra Frayre



## Raffle Winners









- **Graduated North West Collage and obtained a Medical Assistant Certificate**
  - **Attended Rosemead Beauty School**
  - **Worked in a salon/cosmetic Store**
  - **Has two older siblings, brother and sister**
  - **During junior high played softball & volleyball**
  - **Completed a cake/cupcake decorating course**



# Answer



# Marla Peraza