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CAB Community Involvement

Another successful CAB Cares project was completed this month. The CAB Cares project this year consisted of collecting toy donations for the Loma Linda Children's Hospital. CAB employees showed their support by purchasing toys, coloring books, crayons, blankets, and other items that will surely bring a smile to many children that are currently in the hospital. We started off by placing a large bin in the front office and it quickly filled up. By the end of the first week a second bin was placed in the front office and by our deadline it was filled up as well. This was a great way for CAB employees to support and show how they care about the community.

Last year the CAB Cares project provided packages for the homeless in the community. We plan to do another CAB Cares project next year and hope to get as much participation as we have these last two years. Anyone with suggestions or ideas for our next CAB Cares project is welcome to submit the information for review.

Community involvement makes a difference and positively impacts both the receiver and the donor. CAB employees are encouraged to stay involved in the community and continue to show how much they care.

- Kim & Sandra



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EDITOR'S NOTE



Spring and Baseball Have Arrived

Well after a very rainy and wet winter, it looks like spring has finally arrived, and with the warm weather, flowers in bloom and new green leaves on trees comes baseball. I have always enjoyed baseball, as a player and as a coach. It does seem simple to play the game, but to play it at a high level requires phenomenal hand eye coordination and split second reactions. It is so difficult that if a player fails 7 out of 10 times at the plate, he is considered successful. It seemed to me, as a youth coach, that of all sports it is the one game many - if not most - Dads felt they could have played at a high level, if they only had the opportunity. Often, I would see, after a little league game, a Dad walking with his son, arm around shoulder, explaining what he had done well, what he had missed, and providing advice as to how to improve. This may well be true for Moms as well but what I noticed was the intimacy it created between Dads and sons.

There was nothing more enjoyable then being on a ball field, and coaching youngsters in Little League and Pony or Colt. Setting up the field before a game usually fell to the coaches and was something one developed a talent for; how to chalk up the lines on the field and in the batter's box, fixing up the mound so the divots were filled, and your pitcher would not step into a hole. While this was going on, the players were paired off, throwing to warm up. This was followed by working the infielders, so they were ready to play. It is part of American tradition and reaches all ages, and though not as dominant as it was is still a big part of many of our lives.

In reminiscing about this it occurred to me how much baseball lexicon is part of everyday speech, and even those who never played on a ballfield, learned to throw a curve or even attended a game use baseball terminology in every day speech. The following are some examples of how baseball has permeated how we communicate.

How often have you used or heard the term "home run" or "hit it out of the park" when talking about a significant accomplishment? When something you hear is odd, or someone acts strangely "it is out of left field." When surprised you are "caught off base" or someone has thrown you a "curve." A person who is left handed is called a "south paw." Something that is easy to do is called a "can of corn." When an idea is presented that is close to what is needed it is "in the ball park." When someone is pressing to close a deal or even dealing aggressively in negotiations it is called "playing hardball." Something or someone that makes less sense than it should is "off base." If you are running out of time and options, you have "two strikes against you." When wavering instead of moving forward, you are told to "step up to the plate." When you go all out to accomplish something you "swing for the fences." And finally, if you as Yogi Berra (NY Yankee Catcher) are faced with a tough situation and time is running out, there is still hope because "it ain't over until its over."

Baseball is a game that is more cerebral than most because it progresses at a pace that invites conversation, then bang - all of a sudden - a three-run blast on an 0-2 count in a tie game or an acrobatic defensive gem that turns into a triple play. It is a team game based on individual competition, a game that is not played against a clock but against another team. In most sports if you are down with seconds left, you have no chance but in baseball you have all the time you need. It is a pastoral game played by major league clubs in urban settings. There is not a requirement of size to play, but instead intensity, and agility. Not everybody will agree with me on this, or how I see the beauty of the game, but it is a game that has joined generations when little else could. It is truly an American game, but if I'm wrong I'll just "take my ball and go home."



Departmental Overview

Production

Production is where CAB's product is produced and so is a critical revenue generator for the company.

CAB's production department is made up of employees who run the High Speed A3 lines, where the high aseptic product is packaged and palletized. The lines generally run three shifts or 24 hours each day of operation. A high speed line will produce 24,000 packs of juice in an hour. Each line is staffed by a Filler Operator, a Downline Operator, a Palletizer and a Lead. A Supervisor ensures the efficient operation of the shift. The Filler Operator is responsible for the filler, Helix and straw applicator, the Downline Operator is responsible for the multipack, and overwrap machines and the Palletizer palletizes the product in a predetermined configuration. The Lead assists in supervision and provides back up during employee rest periods.

As a primary participant within CAB's quality team, the production team provides an additional quality control by monitoring the quality of the product, and ensuring it meets our customer's requirements.

- Charles Rohr



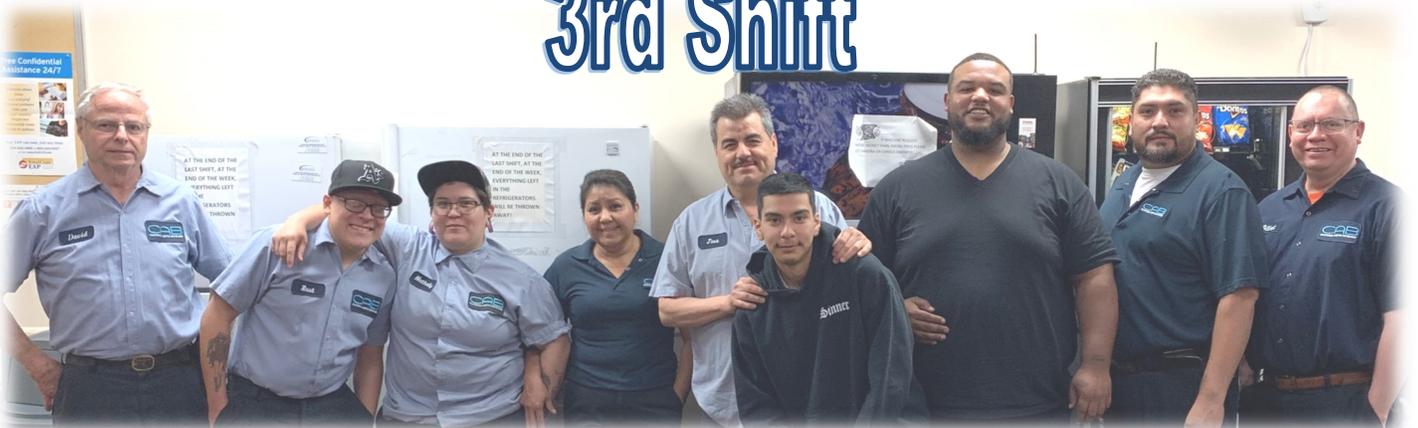
1st Shift



2nd Shift



3rd Shift



Announcements




CAB's 2019 Company Picnic
 will be held at:
Castle Park
 Riverside, California
 3500 Polk St. Riverside CA 92505
Saturday June 15, 2019 from 11:00am to 3:00pm
 in the picnic area
 All day unlimited rides, miniature golf, buccaneer cove and free parking
Don't miss out on the fun activities and prizes!

Promotion

Name: Daniel Rodriguez
Title: Forklift to Receiver/Forklift
Hobbies: Enjoys playing video games and watching sports. His favorite teams are the Raiders and the Dodgers. Enjoys hiking. Has a large collection of shoes and hats (classics and new era).




In the next issue, The CAB Connection will highlight graduations. **This will be for graduations at any level or grade.** In order to do this we need your help. Please bring a senior or graduation picture of your son/daughter or any family member and it will be published in a Congratulations page in the next issue. We would also like to have a page for reminiscing or "looking back," so bring in a picture of your senior or graduation picture, so we can make a copy of it. This should be a lot of fun. To help encourage your participation, a raffle will be held on May 24, 2019. If you provide a pic you will be eligible to win a \$50 gift card, so please participate.




New Hires

Name: Mariela Corona
Title: Downline Operator
Hobbies: Enjoys playing soccer, video games, drawing, and learning different languages. Also enjoys spending time with her family. Her favorite soccer teams are Chivas and Real Madrid



Name: Edgar Devora
Title: Forklift Driver
Hobbies: Enjoys watching sports: football, basketball, boxing, MMA and UFC. Also enjoys spending time with his family, hiking and video games. Favorite teams are the 49ers and Lakers.



Name: Armand Stewart
Title: Palletizer
Hobbies: Enjoys spending time with his family, watching Football and basketball. His favorite teams are the Ravens and Lakers. Also enjoys the outdoors, BBQs, the beach, swimming, fishing, and watching movies.



Name: Jonathan Zuniga
Title: Asst. Batching Supervisor
Hobbies: Enjoys spending time with his family, watching movies and football. His favorite team is the Patriots. Also enjoys barbeques and casinos.



WELCOME



Anniversaries

1 Year

John Harkin

Cesar Solis

Ann Chestnut

Gilbert Hernandez

Juan Muro

Nathan Nunez

Cory Rainwater

8 Years

Jose Angulo

9 Years

Araceli Aguilar

Manny Medina



Happy Birthday

March

Isaac Piza-Gomez

Juan Muro

Daniel Rodriguez

April

Antonio Hernandez

Guillermo Avelar



TOY CAB Cares



On April 24th 2019 the bins of toys were delivered to the Loma Linda Children’s Hospital. Representatives from the hospital were excited to see all the wonderful donations from CAB employees. Thank you to everyone that donated to this great cause. Your donations brought much joy to the children in the hospital who definitely need a distraction and a smile. We hope to continue with another CAB cares project with your support.

- Kim & Sandra



LOMA LINDA UNIVERSITY
CHILDREN’S HEALTH





CAB Cares Thank You!

George Riad

Charles Rohr

Kimberly Burke

Randy Hartman

Sandra Frayre

Mariela Corona

Rafael Anaya

Gilbert Hernandez

Juanita Hernandez

Araceli Aguilar

Guillermo Avelar

Debbie Wyller

Johnny Arballo

Rolando Zuniga

Jose Martinez

Antonio Hernandez

Jack Sellers

Dante Bruton

Marla Peraza

Matthew Ibewiro

Samir El Remawy

& any anonymous donors

