



Major Accomplishment—SQF Level 3 Certification

(Editor's note) In April 2018, CAB accomplished a long held goal, **SQF Level 3 Certification**. This is a major accomplishment for this still young company, and has been years in the making. CAB has always striven to produce the highest quality product in the industry, but to achieve SQF Level 3 Certification it required the development of concise, mutually supportive and integrated documentation and Valerie Salazar (QC Manager) has been a driving force in this regard. Therefore, Valerie was asked to provide the following SQF article.

Food Safety Certification

SQF (Safe Quality Foods) is one of the many GFSI (Global Food Safety Initiative) recognized certification programs designed to meet international food safety requirements, enhance food safety and restore consumer confidence. In 2016, California Aseptic Beverages embarked on a new adventure and became SQF Level 2 certified (now known as Food Safety certified). To maintain its current customer base, as well as stand out to new potential customers CAB Management decided to go to the next level and be certified against the SQF Food Quality Code in addition to the Food Safety Code. Through months of hard work and dedication of all employees, California Aseptic Beverages has now achieved this status and is Certified for Food Safety **AND** Food Quality. (Article continued on pg. 2)

-Valerie Salazar

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Reporter: Sandra Frayre
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Editor: Charles Rohr

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Food Safety Certification

Maintaining the Food Safety Certification over the past couple of years had become second nature to employees. It was apparent that not only was the food safety culture present, but the importance of food quality has always been at the forefront of the minds of CAB employees. Although a bit challenging at times, the transition to becoming certified under the Food Quality Code was fairly painless. The biggest obstacle in meeting the Food Quality Code was documentation. CAB already had rigorous processes in place to ensure product quality, however, procedures were not well documented. With the help of the Food Safety and Quality Team, CAB was able to put together a Food Quality Program that has satisfied all code requirements.

Now that CAB has obtained SQF Level 3 status it must ensure practices, processes and disciplines established remain in place. In 2019, CAB's Certification Body will return for an annual re-certification audit. To retain SQF Level 3 Certification, we must continue to "do what we say and say what we do." Each of us will need to perform as if an auditor might walk through the door each and every day. We must strive to be audit ready at all times. The manufacturing of safe, quality product requires diligent effort, but through continuous improvement and with the perseverance seen in so many of our employees, the road to next year's SQF Food Safety and Food Quality recertification is projected to be relatively smooth.

-Valerie Salazar





Easter

is widely known and celebrated around the world. Today I would like to introduce you to an ancient Egyptian celebration that is still celebrated by Egyptians. It falls on Monday following the Easter Sunday. It is called Sham El-Nessim.

Sham El-Nessim has been celebrated since 2700 BC by all Egyptians regardless of their religion, beliefs, and social status. The name Sham El-Nessim (Inhaling the breeze) is derived from the Coptic language, which is, in turn, derived from the Ancient Egyptian language. It was originally pronounced Tshom Ni Sime, with tshom meaning "gardens" and ni sime meaning "meadows".

Like most Ancient Egyptian feasts, Sham El-Nessim was linked to astronomy and nature. It marked the beginning of the spring festival, with day and night equal in length and the sun in the Aries zodiac, marking the beginning of creation. The Ancient Egyptians, who called it The Feast of Shmo (The revival of life), determined the exact date each year by measuring the sun's alignment with the Great Pyramid in Giza..

These days, many Egyptians rise at the crack of dawn and head out to parks and gardens for a family picnic. There they enjoy the spring breeze with a traditional meal of fish, onions and eggs.

Fish figured large in Ancient Egyptian beliefs, and this translated into a range of dishes. Salted mullet fish (known as fesikh), was offered to the gods in Esna in Upper Egypt. Indeed, Esna's ancient name was Lathpolis, reflecting the original name of the fish before salting.

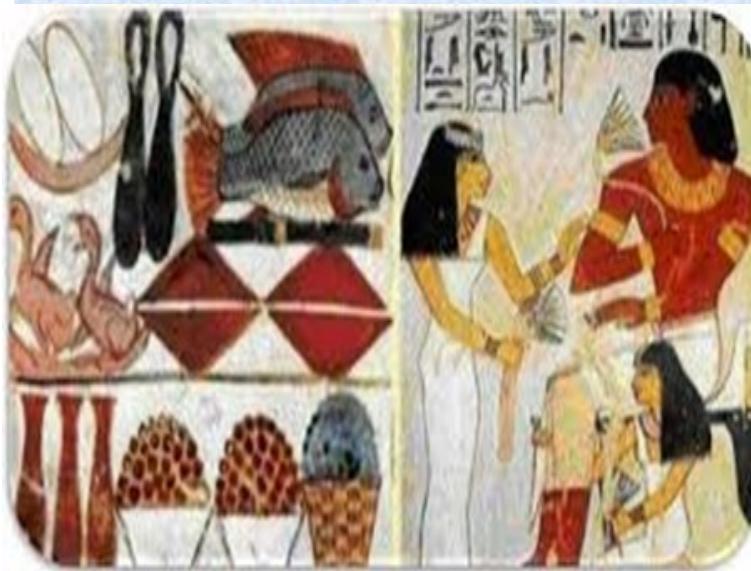
Another traditional Sham El-Nessim practice, the coloring of eggs, reflects the Ancient Egyptian view of eggs as symbolic of new life. The symbolism featured in the pharaonic Book of the Dead and in Akhenaten's chant, "God is one, he created life from the inanimate and he created chicks from eggs."

The habit of eating onions on the feast day is equally ancient. According to Egyptian legend, one of the pharaoh's daughters had an incurable disease. Doctors were clueless until a high priest gave her onion juice by way of medicine. Her condition improved and her father, thrilled at her recovery, and so declared the day an official celebration in honor of onions.

From that day forward, people would roam the city of Menf each year, offering onions to their dead.

Source: AL Ahram on-line

- George Riad





Editor's Note

This is CAB's sixth bi-monthly newsletter, which means we have been publishing for a full year. Over that period of time we have received contributions from many, and that has been appreciated. This edition has some noteworthy contributions; there is an article by Valarie Salazar, CAB's QC Manager on the company's achievement of SQF Level 3 Certification and an article by Nakia Richie (Accounting) and Sandra Frayre (Planning) on a company wide effort to help those in need. Both are worth reading.

This is our April May edition and within this time span there are a few holidays that occur; Easter, Mother's Day and Memorial Day. In this issue I would like to make a personal observation on Memorial Day.

Memorial Day - to many - signifies the beginning of summer. It is a traditional American Holiday and with it comes picnics, barbeques, soccer tournaments and baseball games. These are wonderful events, but here I'll take a moment to reflect on a recent remembrance. Some years back when my son was playing Minor League Baseball in The Baltimore Orioles organization, I took a few days to go to Baltimore to see him play. Since I was in the area I took a trip to Arlington National Cemetery. To say I was impressed would be an understatement. Seeing row upon row of white markers representing thousands upon thousands of military personnel that have paid the ultimate price in defending liberty, evokes a deep sense of appreciation, for what we honor on Memorial Day. The Tomb of the Unknowns is particularly thought provoking. Entombed here, are those who died for their country but could not be identified. The tomb is guarded in all types of weather by sentinels from the 3rd Infantry Regimen. People line up to watch the disciplined and respectful changing of the guard every half hour to two hours (depending on the time of the year). These soldiers walking in concise cadence do not wear a rank insignia so as not to outrank any who have made the ultimate sacrifice for their country. Each guard is meticulous in his dress and his movements precise. It is a solemn yet inspiring tribute. We are fortunate to live in a great country established on freedom and liberty for all, but as is engraved on the Korean Veterans' Memorial – a short distance away - in Washington DC—**Freedom is Not Free**. Here, at Arlington National Cemetery, one witnesses the truth of this statement.

- Charles Rohr



Departmental Overview HR & Accounting

Department Overview—Human Resources and Accounting

Two very important CAB Departments are Human Resources and Accounting. At one time or another each of you has communicated with both activities. Among other responsibilities HR handles all recruiting, new hire processing and Benefits Administration while Accounting processes all company payroll (something near to our hearts).

Human Resources is headed by Kimberly Burke. She has a multitude of responsibilities. In addition to recruiting and new hire processing she is responsible for creation and accuracy of each person's job description, benefits administration (Medical, Dental, Vision, Life Insurance, 401k), compliance with numerous federal and state labor laws and regulations including FMLA, CFRA, PDL, Worker's Comp, ADA, OSHA 300 Logs, and posting required legal documentation. She is also the last person employees see, if they leave the company to pursue other opportunities, providing them with a plethora of information.

Nakia Richie is CAB's Accountant. In addition to processing payroll and ensuring each person receives his/her correct compensation via direct deposit, she does all company billing, applying cash, and paying CAB's bills. As the Company Accountant she prepares numerous financial entries to produce CAB's monthly P&L and Balance Sheet, that show in dollars and cents how well CAB is doing. She maintains all banking information and ensures it is accurate. She also does weekly cash flow analyses to ensure proper cash balances are maintained for the myriad of financial obligations a company of this size has.

- Charles Rohr



Announcements



Castle Park Riverside, California

CAB's 2018 Company Picnic

will be held at:

Castle Park

3500 Polk St. Riverside CA 92505

Saturday June 23, 2018 from 11:00am to Closing

Don't miss out on the fun activities and prizes!

More information will be posted by the time clock soon..



CAB has signed up for an E-Ticket program with Splash Kingdom in Redlands to receive exclusive discounted E-Tickets. Tickets are good for one day during the 2018 summer season which is between May 5, 2018- Sept. 18, 2018. Typically ticket prices are: \$32.99 for general admission (ages 11+) and \$18.99 for junior admission (ages 3-10 years old). CAB prices would be: \$20 for general admission and \$15 for junior admission.

Splash Kingdom has numerous water attractions, including body slides and raft slides, a lazy river, a wave pool, and a few kiddie areas as well. There are food locations where guests can dine. They offer locker rentals to keep belongings safe. Website can be found at splashkingdom.net.

For more information please see Sandra

It has been 140 days since CAB's last work related injury



Peter Hopps

Antonio Hernandez

Nick Agajanian



Dave Tilton

Nicholas Imoohi

Bryan Reyes



Celebrating 8 years !



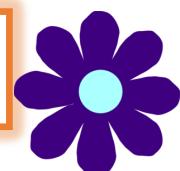
Araceli Aguilar



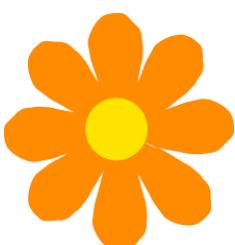
Manny Medina



Celebrating 7 years!



Jose Angulo



Celebrating 2 years!



Nakia Richie

NEW HIRES

Name: Jocelyn Hernandez

Title: Lab Tech

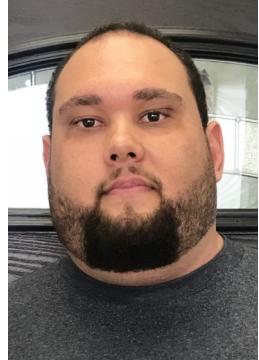
Hobbies: Enjoys scrap booking, playing with her dogs, swimming, cooking and painting. Her favorite sports are basketball and Football (Golden State & Steelers)



Name: Andrew Robinson

Title: Butcher

Hobbies: He enjoys spending time with his kids , watching movies. He is a sports fan, Raiders, Lakers and Dodgers are his teams.



Welcome

PROMOTIONS

Name: Jason Hunter—Harris

Title: Promoted to Filler Operator

Hobbies: Drawing , painting, concerts movies and reading. Enjoys listening to music .



Name: Isidro Behena
Title: Promoted to Down Line Operator

Hobbies: Hiking, biking, camping and soccer. His favorite soccer team is Toluca. Enjoys working on his car and some gambling.



Congratulations

GOODBYE



Chris Mills



CAB CARES



The CAB Cares Project started from a conversation between two employees on how they could help the community, especially homeless people. It started simple, putting together a few Ziploc bags of "goodies" to pass out, but it quickly escalated to backpacks filled with daily necessities and snacks. Our goal was to pass out 100 backpacks to 100 homeless people before Easter. With the help of 42 CAB employees and a few other individuals/companies we were able to raise enough money to purchase all the supplies required and reached our goal of 100 filled back packs. A few of the ladies in the office gathered to put the items purchased together and have them ready to be distributed by the caring CAB team members. With this wonderful turn-out we hope this project continues and possibly make this a quarterly event. Our sincere prayer is that this project will inspire you and others to take action. If you see someone on the street, offer water, food or even a smile can go a long way. We hope you all will continue to support us in our continued efforts to make this project an even bigger success! Thank you to all the people that helped.

Side note, in San Bernardino County we have a total of 1,179 unsheltered homeless people of which 78 are in Fontana. (SB County 2017 Homeless Count & Subpopulation Survey, 3/22/18)

-Nakia Richie & Sandra Frayre



HELP THE HOMELESS



IT'S NOT HOW MUCH
WE GIVE, BUT HOW
MUCH LOVE WE
PUT INTO GIVING.

MOTHER TERESA





Grateful Givers



	Ana Nolasco	Isaac Martinez	Peter Hopps	
Antonio Hernandez	Jacinto Salvador	Rafael Anaya		
Araceli Aguilar	Jocelyn Hernandez	Randy Hartman		
	Charles Rohr	Jose Angulo	Raul Lemus	
Chris Mills	Juanita Hernandez	Richard Ariola		
Chrissy Bielski	Kandis Newman	Rodrigo Jara		
	Craig Meeks	Kimberly Burke	Rolando Zuniga	
Dennis Garcia	Manny Medina	Samir Elremawy		
Duane Denson	Marla Peraza	Sabrina Rochon		
	Debbie Wyller	Matthew Ibewiro	Sandra Frayre	
Eric Richie	Mileski Holdings	Steve Salazar		
Gabriel Sidas	Nakia Richie	Swenson Corp		
	Gabriel Tellez	Nathaly Salazar	Teah Hunt	
George Riad	Nicholas Imoohi	Valerie Salazar		
Hector Gonzalez	Noe Giron			
	Hughie Shelton	Noelia Garrido		

thank you

Thank You

FOR YOUR HELP



History:

Mother's Day in the United States is an annual holiday celebrated on the second Sunday in May. Mother's Day recognizes mothers, motherhood and maternal bonds in general, as well as the positive contributions that they make to society. It was established by Anna Jarvis. The first official Mother's Day was celebrated at St. Andrew's Methodist Church in Grafton, West Virginia, on May 10, 1908. Internationally there are a large variety of Mother's Day celebrations with different origins and traditions.

(Source: Wikipedia.org)

This year Mothers day is on Sunday **May 13, 2018**

If you are interested in being our mystery employee please see Sandra

Last Issue's mystery employee Answer...



Manny